

## Fun Facts for Families About Elmcrest Services

### CARE MANAGEMENT:

**Eligibility Requirements:** Children/Youth from birth to age 21 must be enrolled in Medicaid AND meet eligibility criteria by having two or more chronic health conditions OR one of the following single qualifying conditions (Serious Emotional Disturbance, Complex Trauma, HIV/AIDS). Elmcrest has experts on staff that will work with you to determine if a child demonstrates they would benefit from Health Home Care Management Services.

**Referral Process:** Any parent / guardian, community member, or service provider can make a referral.

**Services:** Through a Care Manager at Elmcrest, enrolled members will receive:

- Comprehensive Care Management: provides a single point of contact to manage, on a continuous basis, all of the unique medical, behavioral, and social needs of families.
- Care Coordination and Health Promotion: ensures the services the child needs are coordinated and communicated between family, the school, and the medical community serving the child.
- Comprehensive Transitional Care
- Individual and Family Support: provides an opportunity for the family to receive the help they need in order for their child to stay healthy in school and the community.
- Referral to Community and Social Support Services.



### CHILDREN AND FAMILY TREATMENT AND SUPPORT SERVICES (CFTSS)

**Eligibility Requirements:** Children/Youth must have or be eligible for Medicaid and/or enrolled in Medicaid Managed Care.

**Target Population:** Children 0-21 years old that have social, emotional, and/or behavioral health needs.

**Referral Process:** Anyone can make a referral for CFTSS services. Submit to Brianna Dewhirst.

**Services:** These services are designed to assess for mental health & substance abuse, identify strengths and abilities, provide therapy where you are most comfortable, learn to incorporate therapy goals into everyday life, build relationships, learn self-care and coping skills to manage emotions.

#### Other Licensed Professional (OLP/Licensed Clinician)

- Licensed Evaluation and treatment planning
- Therapy can be provided in the home- individual, family, etc. Youth that have a treating therapist in clinic can still receive this service but it cannot be a duplication of service.

#### Community Psychiatric Supports and Treatment (CPST)

- Counseling
- Crisis Avoidance & Management: Identify skills for future crisis and identify precursors or triggers. Supports youth/family after a crisis .
- Provide education to youth, family members or collaterals to maintain youth in the community (Example: triggers, coping skills etc.)
- Assist the youth, family and collaterals to identify resources in the community, associated with the identified needs.
- Improving life skills-making appointments, access to emergency services, basic safety practices, etc.

#### Psychosocial Rehabilitation (PSR)

- Increase social and interpersonal skills, daily living skills and community integration.

### HOME AND COMMUNITY BASED SERVICES (HCBS)

**Eligibility Requirements:** Children/Youth seeking HCBS must be under 21 years old and eligible for Medicaid. An eligibility assessment must be completed by a Care Manager to determine if a child/youth is eligible.

**Target Population:**

- Children with Serious Emotional Disturbance (SED) with or without co-occurring Substance Use Disorders (SUD)
- Children with a Developmental Disability
- Children who are Medically Fragile and children who are Medically Fragile with a Developmental Disability

**Referral Process:** Complete a HCBS referral form and submit to Brianna Dewhirst

**Services:** HCBS are designed to offer support and services to children in non-institutionalized settings that enable them to remain at home and in the community. Services are individualized to meet the health, developmental, and/or behavioral health needs of each child/youth. These services are provided in a flexible, complimentary package that evolves over time to meet the changing needs of children. HCBS are intended to be provided to a child and family in their home and/or the community. The array of services is intended to assist children in being successful at home, in school, and in their other natural environments to help maintain them in their community and avoid higher levels of care and out-of-home placements.

- Community Habitation
- Caregiver/ Family Supports and Services
- Respite
- Prevocational Services
- Supported Employment
- Community Self-Advocacy Training and Supports